

THE FRAMPTON ARMS LUNCH

- TO SHARE -

BAKED CAMEMBERT £12.95
spiced tomato chutney, rustic bread
(please allow 15minutes to cook)

RUSTIC BREAD AND OLIVES £7.95
balsamic and olive oil

WHITEBAIT £8.95
tartare sauce, lemon

- STARTERS -

SOUP OF THE DAY (V) £4.95
served with sliced bloomer

TEMPURA PRAWNS £9.50
sweet chilli sauce

SMOKED DUCK SALAD £6.95
blackberry and balsamic glaze

MACKEREL PATE £6.95
lemon and chive creme fraiche

BBQ CHICKEN WINGS 6 £6.95
served with chive creme fraiche 12 £13.95

HAM HOCK TERRINE £6.95
piccalili puree

- CIABATTAS -

SERVED 12-5PM

all our ciabattas are served with fries with gluten free options available

ROAST CHICKEN & STUFFING £6.95

CHEDDAR £5.95

tomato chutney

ROASTED VEG & MOZZARELLA £5.95
pesto

CRAB & PRAWN £7.95

marie rose, iceberg lettuce

BACON & BRIE £6.95
crispy bacon, brie, cranberry

SMOKED SALMON £6.95

smoked salmon, chive creme fraiche

ROAST BEEF £6.95

horseradish, rocket

- SALADS -

ROAST MED VEG £5.95 / £11.95
Moroccan cous cous, mozzarella, mint yoghurt

CHICKEN & BACON £5.95 / £11.95
avocado, ranch dressing, baby gem

SMOKED SALMON £6.95 / £13.95

creme fraiche, shallots, cherry tomato

- MAINS -

FRAMPTON BURGER £13.95
8oz beef patty, monterey jack cheese, iceberg
lettuce, Frampton burger sauce, brioche bun, fries
ADD BACON £1.00

HALLOUMI BURGER £12.95
grilled halloumi, flat mushroom, roasted red pepper,
pesto, iceberg lettuce, brioche bun, fries

SAUSAGES & MASH £13.45
Cumberland sausages, whole grain mustard mash,
bacon and onion gravy

SMOKED HADDOCK FISH CAKES £13.95
tomato & caper dressing, mixed salad leaves

ROASTED MED VEG LINGUINI £13.45
tomato & chilli sauce, mozzarella, pesto

BEER BATTERED COD & CHIPS £13.95
chips, chunky tartare sauce, Frampton pea puree

8OZ RUMP STEAK £15.95
locally sourced 28 day aged rump steak, confit
tomato, rocket, choice of chips or fries

- SIDES -

ROCKET, CHERRY TOMATO,
PARMESAN SALAD £4.00
TENDERSTEM BROCCOLI £4.00
FLAT MUSHROOMS £4.00
RUSTIC BREAD £4.00

CHIPS £4.00
FRIES £4.00
BEER BATTERED ONION RINGS £4.00
ROASTED NEW POTATOES £4.00
PEPPERCORN SAUCE £2.00

please make your server aware of any dietary requirements or allergies